



Foothill Autism Alliance, Inc.

Family Resource Meeting

Wednesday, March 10, 2010

*Family Resource Meetings are Free
and Open to the Public!*

ABA/Self Management – for Kids at Any Age

Andrea Ridgway and Rob Haupt will speak about **improving social skills and disruptive behavior** for children/adolescents on the autism spectrum using an ABA approach called Self Management. Whether your child is severely or mildly affected, this presentation will provide techniques that you can use at home.

Self Management training helps to achieve personal autonomy and less reliance on others, such as teachers and parents. The process uses different techniques (including self-monitoring, self-evaluation, and self-reinforcement) to help a child/adolescent become more aware of his/her own behavior, know whether or not he/she has engaged in appropriate behavior, and reward himself or herself for reaching behavioral goals.

Andrea and Rob are both Directors of Clinical Services at Autism Spectrum Therapies www.autismtherapies.com.

Andrea Ridgway, Ph.D., BCBA-D, is *Director of Clinical Services for San Fernando Valley, Central Los Angeles, San Gabriel Valley, and Inland Empire*. She received her Ph.D. in school psychology from Louisiana State U, and completed a pre-doctoral internship at the Marcus Institute and Emory University in ABA, developmental disabilities, and behavioral pediatrics. She is a Board Certified Behavior Analyst-Doctoral and a licensed psychologist. Her professional experience includes the assessment and treatment of children and adolescents with a variety of developmental disabilities and behavior disorders in school, home, community, and clinic settings. Her research interests include the assessment and treatment of challenging behavior.

Rob Haupt, M.S., BCBA, is *Director of Clinical Services, Greater Los Angeles Area*. Rob has a Master's degree in Counseling with a focus on ABA from Cal State L. A., and is a Board Certified Behavior Analyst. He specializes in training parents and school staff to support children with autism using positive behavioral strategies. He has spent the last seven years working with children and adolescents with autism and other developmental disabilities. While at the NE Center for Children his focus was on treating children with severe behavioral disorders using ABA techniques. He has received extensive training in ABA methods such as DTT, PECS, social skills curriculum, functional communication training, and self-management.

When: Wednesday, March 10, 2010
Networking 7:00 to 7:30 p.m.
Speakers 7:30 to 9:30 p.m.

Where: Pasadena Child Development Associates (PCDA)**
620 North Lake Avenue, 2nd floor
Pasadena, CA 91101
(Just north of the 210 Freeway)

FAA is a non-profit 501(c) 3, all-volunteer organization of parents, professionals, and care givers who are dedicated to providing education, resources, and support to the autism community.

For more information on the FAA, visit www.foothillautism.org or call (818) 66-AUTISM.

** PCDA is not affiliated with the Foothill Autism Alliance but has graciously allowed the use of its facility. All topics and speakers are presented for informational purposes and do not constitute an endorsement of any intervention, therapy, or treatment.

Unfortunately, childcare is not available at Resource Meetings.

Out of respect for the speaker and fellow attendees, please do not bring any young children.